

## **ROBERT** KANDELL

Robert Kandell is an interpersonal communication expert, speaker, podcaster (Tuff Love) and the author of the bestselling book, *unHIDDEN: A Book for Men and Those Confused by Them.* 

Since 2002, Robert's mission has been to help people find themselves and use their internal power to live their best lives. He has helped thousands of students up-level their communication, leading them to live more balanced, energized, connected and purposeful lives.

Robert is a veteran of many worlds, having moved seamlessly from corporate America and the startup world to becoming an authority in the personal development sphere, to building an international 8-figure business and authoring a bestselling book.

### Sample Topics:

#### The Impact of living HIDDEN

- We want to be seen but are deeply afraid of rejection.
- The false reality of social media and how it impacts intimacy.
- The effect of the "swipe left, swipe right" culture.

#### Are men falling behind in the 21st Century?

- Patriarchal scripts (of fathers & Grandfathers) no longer work.
- Living in fear in the post #MeToo world.
- "Men are acting more like boys, women more like men."
- Our inability to connect with a powerful modern woman.
- Our addiction to Video games and porn.
- Disconnection from our emotions and our shame.

#### **Superior Communication**

- How to tell your partner the truth.
- How men and women communicate differently.
- How to create structures to have a more honest relationship.
- How to ask for what you want in bed in a way that has your partner feel validated.

A book for Men And Those confused by Them

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